



### You've Hired the Right Help for Home Care.

Now Get the Education You Need to Navigate the Healthcare System.

At [Example Home Care], we're committed to supporting you and your family beyond daily care. That's why we've partnered with The Patient Better Project-a nonprofit dedicated to helping people navigate the healthcare system with more clarity, confidence, and peace of mind.

# Add a Layer of Protection to Healthcare

Patient Better helps families recognize red flags early, prevent avoidable emergency room visits, and prepare for what might go wrong—because in healthcare, "hope for the best, prepare for the worst" isn't just a saying—it's a plan.

### **Coordinate Care as a Family**

Keep everyone on the same page, whether you're the one providing daily care or the one making phone calls from out of state. This program keeps the whole team informed and unified.



### **Stay in Control**

This program gives you a system to keep track of appointments, medications, and instructions-in the moments when it feels like everything is coming at you at once.

### **Keep Your Relationships First**

Learn how to stay on top of the healthcare side—so you can stay connected, not distracted, during this time with your loved one.

#### This is for you. And now's the time to start.

Order your Patient Better Program today and take the first step toward less stress, fewer surprises, and more peace of mind in your healthcare—so you can focus on what matters most, your famiy's wellbeing.





This partnership between Example Home Care and The Patient Better Project creates something truly groundbreaking: full support for daily living, and the education families need to manage medical care with clarity and control. Together, we're solving one of home care's biggest gaps and redefining what it means to care.

## **FAQs**

### 1. What exactly is this program?

This program is a guided educational experience that teaches you how to navigate the healthcare system—how to manage appointments, understand paperwork, communicate with doctors, and stay organized in your care. It's not medical care—it's how to manage your care.

### 2. Why are we being offered this?

You've taken a big step by hiring home care—and now we're taking the next step by helping you and your family feel more confident and in control. This program helps you make the most of your care, avoid common frustrations, and stay connected with your healthcare team.

### 3. Who is this program for?

This program is for anyone receiving care—or helping a loved one manage care. Whether you're the client, a family member, or a close friend supporting someone, this program will help you feel more informed and prepared.

### 4. How does it work?

Once you enroll, you'll receive easy-to-follow lessons, helpful tools, and access to a secure system that keeps all your information in one place. You can go at your own pace, and everything is designed to be simple, supportive, and stress-free.

### 5. Is there a cost for this program?

Yes, there is a cost for this program—but here's why it exists.

Research shows that unmanaged care leads to \$138 to \$236 billion in avoidable costs every year—costs that fall heavily on families. That's an average of \$9,137 per person, per year, due to things like medication errors, longer hospital stays, unnecessary emergency room visits, and miscommunications that could have been prevented. Those mistakes don't just drain your wallet—they disrupt families, increase stress, and take away your peace of mind.

This program exists to stop that from happening.

It gives you the tools, skills, and knowledge to prevent those breakdowns in care—and protect what matters most: your time, your health, your money, and your family's well-being.